

ADULT PICKLEBALL

No registration fee, only a Rec Membership required to play & can be purchased at the Town Office.

*It looks like tennis, sounds like ping-ping and favours the same light-on-your-toes action of badminton, but pickleball is a sport of its own.
It is a racquet sport that combines elements of badminton, tennis and table tennis.
It is a court sport played on a badminton-sized court. It is played with a perforated plastic ball similar to a wiffle ball and composite or wooden paddles about twice the size of ping-pong paddles.*

Indoor Pickleball at South Shore Recreation Centre (School) from October – May
Tuesdays 8:00-9:30pm
Sundays 10:00am-12:30pm

Outdoor Pickleball at Lions Park from June – September
Tuesdays 6:30-9:00
Thursdays 9:00-11:00
Sundays 10:00-12:00

Paddles available for those who do not have their own equipment.