

REGINA BEACH MINI RUGBY

Registration opens in February.

Rugby is one of the fastest growing sports in the world. Rugby is more than just a sport. It is a character-forming experience and a lesson in respect, dedication and teamwork. The purpose of the Mini Rugby program is to engage youth in a fun and active sport, teaching teamwork and developing athleticism. Mini Rugby is a non-contact type of rugby, where youth wear flag belts to score tries, instead of tackling. This is a great introduction to the game of rugby. Neither coaches nor players need previous rugby knowledge to get started.

Program runs in May and June two times per week

Games will be organized between Regina & Moose Jaw Mini Rugby Programs

Ages 3-13

\$85 Registration Fee + Rec Membership required

Players receive a proper-sized rugby ball and the belt & flags with registration

Coaches are found through parent volunteers